

Clarity Compass Worksheet

Refocus Anytime You're Stuck

“Clarity is knowing what truly matters and choosing it with courage.”

Why Use This Worksheet?

When you feel overwhelmed, scattered, or unsure of your next move, the **Clarity Compass** guides you back to focus. Use it to:

- ✓ Gain instant clarity on decisions
- ✓ Re-align with your core purpose and goals
- ✓ Prioritize what drives meaningful results

How to Use

Step 1: Take a deep breath. Center yourself in silence for 1–2 minutes.

Step 2: Reflect and write short, honest responses to each section below.

Your Clarity Compass

1. What Feels Stuck Right Now?

(Describe the situation or decision causing confusion or overwhelm.)

2. Why Does This Matter to Me?

(Identify the deeper purpose or fear connected to this issue.)

3. What Would ‘Success’ Look Like Here?

(Define the ideal outcome or resolution.)

4. What's The Smallest Next Step I Can Take Today?

(A quick action to move you towards clarity or progress.)

5. What If I Did Nothing Right Now?

(Explore if this really needs action or just acceptance today.)

6. Who Can Help Me With This?

(List one person or resource that can support you.)

Final Reflection

"If I knew I could not fail, what would I choose to do next?"

*Write your answer boldly. That is your **True North for today.***

✨ Ready for Deeper Clarity?

Book a **90-min Clarity Call** to map your purpose, priorities, and next strategic move.

👉 [Book Your Clarity Call Now]

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